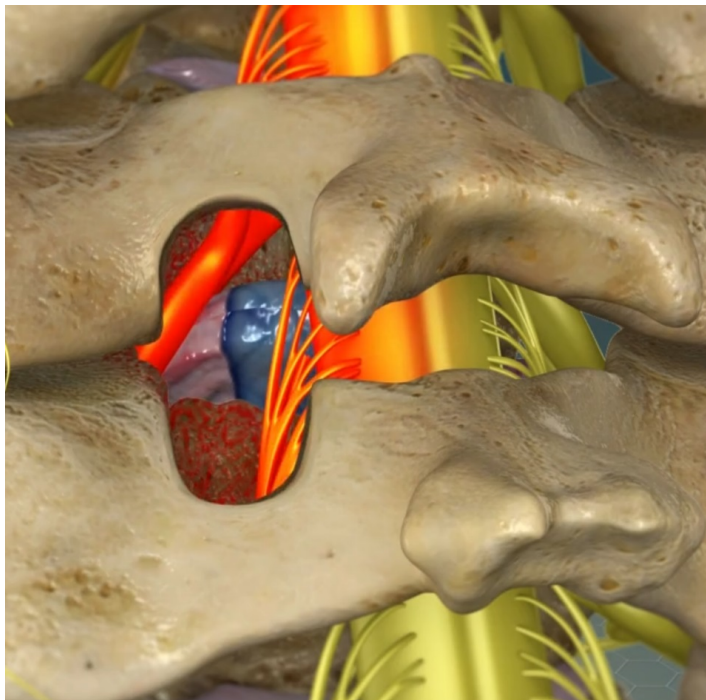


Foraminotomy



Overview

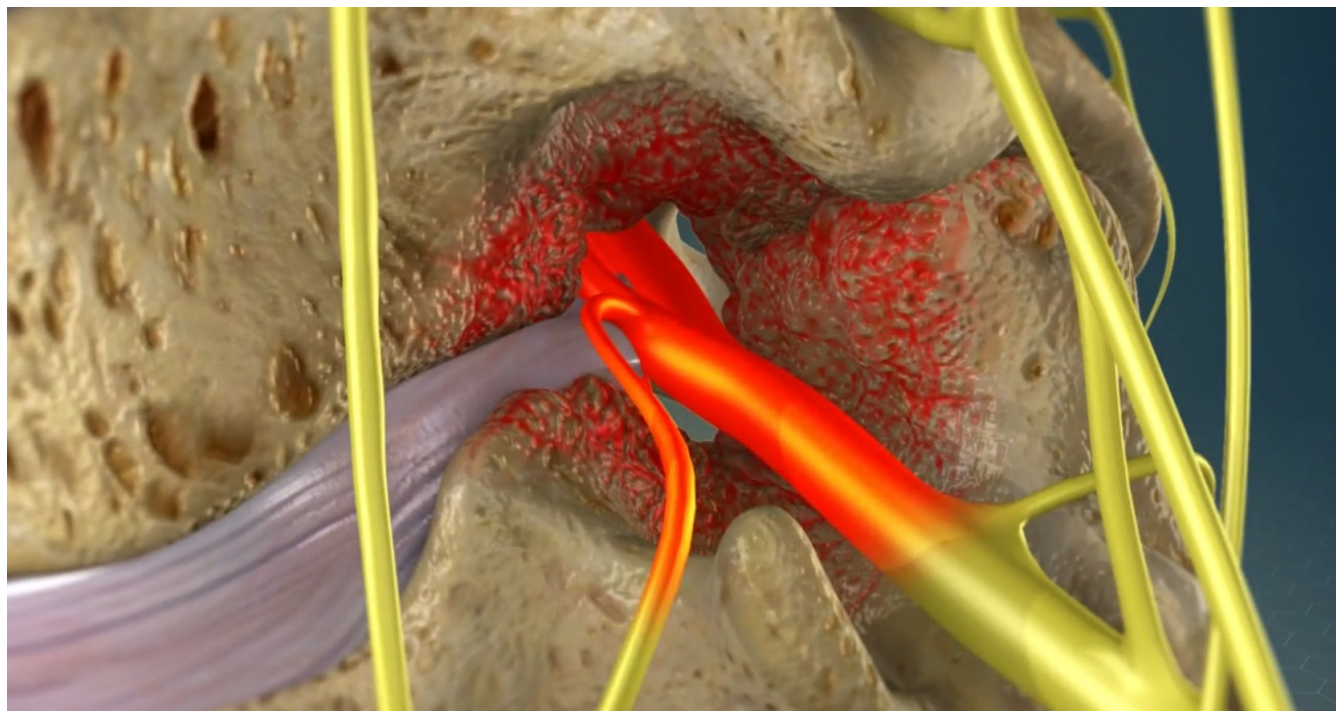
This surgery creates more space for a spinal nerve that is being compressed due to a herniated or degenerative disc.

Preparation

In preparation for the procedure, you are placed in a face down position and anesthetized. The surgeon creates a small incision in your skin and gently moves muscles and other structures aside to create a clear view and path to your spine.

Creating Space

There are a few ways to create more space for your compressed nerve. The surgeon may remove a portion of the lamina, the bone that forms the rear of the spinal canal. The surgeon may remove bone to enlarge the foramen, the opening the nerve passes through as it exits the spine. The surgeon may also remove the spinal disc.



End of Procedure

When the procedure is complete, the incision is stitched closed. You will have a follow-up visit with your surgeon to monitor healing and symptom improvement.