

## Jones Fracture Fixation (Open Reduction and Internal Fixation, ORIF)

### Overview

A Jones Fracture is a fracture of the fifth metatarsal bone of the foot. This condition is treated with an open reduction and internal fixation (ORIF) surgery that uses screws and possibly other hardware to align and stabilize the fractured bone.

### Preparation

The patient is positioned and anesthesia is administered. The surgeon makes an incision along the outer side of the foot to expose the fractured bone.

### Fixation

The surgeon carefully aligns the fractured bone pieces. The surgeon then inserts surgical screws, and possibly also using wires or a small metal plate, to stabilize the fracture.

### End of Procedure and Aftercare

When the procedure is complete, the incision is stitched closed. The foot is bandaged and placed in a splint. The patient must not put weight on the foot for up to two months, after which the patient may be given a walking boot to use until the fracture has fully healed.

